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# Dopamine D<sub>2</sub> Receptors: A Potential Pharmacological Target for Nomifensine and Tranylcypromine But Not Other Antidepressant Treatments

## K. F. MARTIN,<sup>1</sup> I. PHILLIPS, S. C. CHEETHAM AND D. J. HEAL

## Knoll Pharmaceuticals Research Department, Nottingham, NG2 3AA, UK

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MARTIN, K. F., I. PHILLIPS, S. C. CHEETHAM AND D. J. HEAL. Dopamine  $D_2$  receptors: A potential pharmacological target for nomifensine and tranylcypromine but not other antidepressant treatments. PHARMACOL BIOCHEM BEHAV 51(4) 565-569, 1995. – Treatment for 1 or 14 days by IP injection with the antidepressants, amitriptyline (10 mg/ kg), bupropion (30 mg/kg), desipramine (10 mg/kg), GBR 12909 (10 mg/kg), sibutramine HCl (3 mg/kg), mianserin (5 mg/ kg), and zimeldine (10 mg/kg), did not affect the number or affinity of dopamine  $D_2$  receptors determined by [<sup>3</sup>H]raclopride binding to rat striatal membranes. Similarly, neither did a single, nor repeated (five times over 10 days), electroconvulsive shock, given under halothane anaesthesia, have any effect on [<sup>3</sup>H]raclopride binding parameters. By contrast, the noradrenaline and dopamine reuptake inhibitor, nomifensine (5 mg/kg), and the monoamine oxidase inhibitor, tranylcypromine (5 mg/ kg), decreased the number of dopamine  $D_2$  receptors by 12% and 11%, respectively, when given for 14 days. Administration of the  $D_2$  receptor antagonist, haloperidol (1 mg/kg), for 14 days increased the number of [<sup>3</sup>H]raclopride binding sites by 17%. Thus, the data demonstrate that although nomifensine and tranylcypromine decrease  $D_2$  receptor number after 14 days administration, this adaptive change is not observed with other antidepressant treatments. However, the findings do not preclude a contribution of altered dopamine  $D_2$  receptor function to the efficacy of those drugs with potent effects on dopaminergic neuronal function.

ECS

Antidepressant drugs Electroconvulsive shock D<sub>2</sub> receptors Antipsychotic drugs

Neuroleptic drugs

THE ROLE of dopaminergic systems in the etiology of affective disorders has received little attention until recently. This neglect has been because noradrenaline and 5-hydroxytryptamine (5-HT) were originally implicated in the biochemical basis of depression (7,16,28). However, the clinical efficacy of newer antidepressant drugs with pharmacological effects involving the inhibition of dopamine reuptake (e.g., nomifensine and bupropion) has aroused interest in the role of dopamine in the mechanism of action of antidepressants. In addition to antidepressant drugs, electroconvulsive shock (ECS) has also been shown to enhance dopamine receptor-mediated behaviors [for review, see (9)]. In the case of ECS, the results of biochemical and behavioral studies would suggest that these changes result from increased  $D_1$ , but not  $D_2$ , function (25,30).

Willner (33) reviewed considerable evidence to indicate that chronic antidepressant treatments increased central dopaminergic function, although the site of these effects was unclear. Thus, apomorphine- and *d*-amphetamine-induced locomotor responses are reported to be increased following repeated administration of a range of antidepressant drugs (20-22,31).

Dopamine receptors have been divided into two major subtypes:  $D_1$  receptors, which mediate stimulation of adenylate cyclase activity, and  $D_2$  receptors, which can be negatively coupled to this enzyme (13). More recently, using molecular biological techniques, five dopamine receptors have been cloned. These can be assigned to one of the two classes de-

<sup>&</sup>lt;sup>1</sup> To whom requests for reprints should be addressed.

scribed by Kebabian and Calne (13). Thus, the  $D_1$ -like receptors include  $D_1$  and  $D_5$ , while the  $D_2$ -like receptors include  $D_2$ ,  $D_3$ , and  $D_4$  [see (29) for review].

Limited receptor binding studies have suggested that antidepressant treatments do not alter dopamine  $D_2$  receptor binding (2,14,17,26). By contrast, neuroleptic drugs such as haloperidol and sulpiride have been reported to produce reproducible increases in the number of  $D_2$  binding sites (6,18). These studies, however, generally used [<sup>3</sup>H]spiperone to label dopamine  $D_2$  receptors, and this approach is problematic because spiperone has affinity for other neurotransmitter receptors including 5-HT<sub>1</sub>-like receptors (32). In addition, recent evidence has shown that dopamine D<sub>2</sub> receptor number is increased in the striatum of depressed suicide victims (3). Therefore, we have now used the more selective, high affinity  $D_2$ receptor ligand, [<sup>3</sup>H]raclopride (15), to determine the effects of a comprehensive range of antidepressant treatments with diverse modes of action on striatal dopamine D<sub>2</sub> receptor binding in the rat. For comparison, we have also determined the effects of the antipsychotic haloperidol.

#### METHOD

Male CD1 Sprague-Dawley-derived rats (Charles River, Margate), initially weighing 100-120 g, were used. They were housed in a temperature- and light-controlled room (21°C; 12L: 12D cycle, lights on 0800 h) and had free access to food and water.

Groups of 10 rats received either 1 or 14 daily injections (2 ml/kg, IP) of drugs or saline. In a second series of experiments, halothane-anesthetized rats received a single ECS (200 V, 2 s), or five shocks spread over 10 days via ear clip electrodes, as described by Heal et al. (12). Each shock resulted in a full tonic-clonic seizure. Control rats were anesthetized with halothane and had ear clip electrodes applied, but did not receive ECS treatment.

Between 23 and 25 h after the final treatments, animals were stunned and then killed by decapitation. The striata were removed, frozen in liquid nitrogen, and stored at  $-80^{\circ}$ C until assayed. The number ( $B_{max}$ ) and affinity ( $K_d$ ) of dopamine  $D_2$ receptors was determined using six-point saturation binding analysis with [<sup>3</sup>H]raclopride on striatal membranes from individual rats, as described below. Tissue samples from control and treated rats were assayed in parallel.

The dopamine  $D_2$  receptor binding assay was performed using [<sup>3</sup>H]raclopride (60 Ci/mmol, DuPont Ltd, UK) as previously described (23). On the day of analysis, the individual striata were homogenised in 40 vol of ice-cold 50 mM Tris-HCl (pH 7.4 at 25°C) using a Potter-S homogeniser (setting 5.5 for 10 strokes) and the homogenates centrifuged at 30,000 × g for 20 min at 4°C. The pellet was resuspended in 20 vol of 50 mM Tris HCl (pH 7.4 at 25°C) containing 120 mM NaCl, 5 mM KCl, 2 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, and 10  $\mu$ M pargyline for use in the binding assay.

Duplicate tubes containing 50  $\mu$ l of membrane suspension, 50  $\mu$ l of [<sup>3</sup>H]raclopride (0.3-10  $\mu$ M final concentration), 50  $\mu$ l of Tris-HCl buffer (as used in final membrane suspension) with or without (-)-sulpiride (1  $\mu$ M final concentration to define specific binding), and 350  $\mu$ l Tris-HCl buffer (as used in final membrane suspension) yielding a 500  $\mu$ l final incubation volume were incubated at room temperature (~23°C) for 60 min. Membrane-bound radioactivity was recovered by filtration under vacuum through Skatron receptor binding filter mats (catalog No. 7031) using a Skatron cell harvester. Radioactivity was determined using a liquid scintillation counter. Equilibrium dissociation constants  $(K_d)$  and maximum number of binding sites  $(B_{max})$  were determined by nonlinear regression analysis fitting to a one-site model (24). Scatchard plots were also made, and when the correlation coefficient was less than 0.95, the data were rejected (13% of all animals treated). These rejections are reflected in the *n* values in Tables 1 and 2. The method of Lowry et al. (19) was used to determine protein content of each incubation.

Data were analyzed using Student's unpaired *t*-test, and the null hypothesis was rejected when p < 0.05. However, when two treatment groups were compared with a single control group, the level of significance for rejection of the null hypothesis was set at p < 0.01.

The following drugs were used (source in brackets): zimeldine  $(HCl)_2$  (Astra), sibutramine HCl (Boots Pharmaceuticals), bupropion (Burroughs Wellcome), nomifensine (Hoechst), mianserin (Organon), tranylcypromine SO<sub>4</sub> (SKB), haloperidol (Searle), amitriptyline HCl, desipramine HCl, sulpiride (Sigma), and 1,2(bis(4-fluorophenyl)-methoxy)-ethyl-4-(3-phenyl-propyl)piperazine (GBR 12909, R.B.I.). All drugs were dissolved in 0.9% saline and injected IP. Reagents were analytical grade and purchased from B.D.H., Fisons, or Sigma.

#### RESULTS

#### Effects of Antidepressant Drugs

None of the antidepressant drugs had any effect on the number  $(B_{max})$  or affinity  $(K_d)$  of dopamine  $D_2$  receptors in the striatum after a single injection (Table 1).

Administration of the selective noradrenaline reuptake inhibitor, desipramine (10 mg/kg), the selective 5-HT reuptake inhibitor, zimeldine (10 mg/kg), or the noradrenaline and 5-HT reuptake inhibitors, amitriptyline (10 mg/kg) and sibutramine (3 mg/kg), for 14 days did not alter the  $B_{\text{max}}$  or  $K_d$  for  $[^{3}H]$ raclopride binding to dopamine D<sub>2</sub> receptors (Table 1). By contrast, nomifensine (5 mg/kg), a noradrenaline and dopamine reuptake inhibitor, decreased the number of striatal  $D_2$ receptors by approximately 12% (control  $B_{\text{max}} = 243 \pm 7$ fmol/mg protein, n = 10; p < 0.01, Table 1). This treatment did not alter the  $K_d$  value for [<sup>3</sup>H]raclopride binding. Surprisingly, the selective dopamine reuptake inhibitors, bupropion (30 mg/kg) and GBR 12909 (10 mg/kg) had no significant effects on  $D_2$  receptor binding (Table 1). The atypical antidepressant, mianserin (5 mg/kg), when administered for 14 days, was also without effect on [<sup>3</sup>H]raclopride binding (Table 1). Tranylcypromine (5 mg/kg), an irreversible inhibitor of monoamine oxidase (MAO), significantly (p < 0.01)decreased the number of  $D_2$  binding sites by 11% (control  $B_{max}$ =  $256 \pm 8$  fmol/mg protein, n = 10; Table 1), but had no effect on the  $K_d$  value (Table 1) when given once daily for 14 days.

#### Effects of Haloperidol

Haloperidol (1 mg/kg) is an antagonist at dopamine  $D_2$  receptors. Following repeated daily doses (14) of haloperidol, the number of dopamine  $D_2$  receptors was increased by 17% (control  $B_{\text{max}} = 230 \pm 4$  fmol/mg protein, n = 7, p < 0.05; Table 1). This drug did not alter the  $K_d$  value (Table 1).

#### Effect of Electroconvulsive Shock

The binding of [<sup>3</sup>H]raclopride to striatal membranes was measured 24 h after a single ECS or five shocks spread over a 10-day period. No changes in either the  $B_{max}$  or  $K_d$  were found in comparison with halothane-anesthetized controls (Table 2).

Treatment (Dose, mg/kg IP)	1 Day			14 Days		
	B <sub>max</sub>	K <sub>d</sub>	n	B <sub>max</sub>	K <sub>d</sub>	n
Saline (pooled control)	229 ± 1	$1.68 \pm 0.05$	48	$249 \pm 3$	$1.66 \pm 0.02$	48
Desipramine (10)	$228 \pm 16$	$1.83 \pm 0.08$	8	$245 \pm 10$	$1.78 \pm 0.09$	10
Zimeldine (10)	$244 \pm 6$	$2.00 \pm 0.11$	7	$231 \pm 9$	$1.53 \pm 0.09$	10
Amitriptyline (10)	$248 \pm 15$	$1.72 \pm 0.14$	8	$233 \pm 17$	$1.46 \pm 0.05$	8
Sibutramine (3)	$243 \pm 12$	$1.93 \pm 0.08$	8	$226 \pm 7$	$1.64 \pm 0.08$	10
Nomifensine (5)	$248 \pm 7$	$1.69 \pm 0.03$	10	$209 \pm 5^{**}$	$1.31 \pm 0.04$	10
Bupropion (30)	$227 \pm 10$	$1.37 \pm 0.08$	9	$264 \pm 8$	$1.63 \pm 0.11$	4
GBR 12909 (10)	$220 \pm 10$	$1.80 \pm 0.06$	10	$231 \pm 22$	$1.88 \pm 0.11$	3
Mianserin (5)	$228 \pm 8$	$1.96 \pm 0.15$	9	$245 \pm 8$	$1.73 \pm 0.08$	9
Tranylcypromine (5)	$228 \pm 10$	$1.95 \pm 0.13$	8	$202 \pm 8^{**}$	$1.50 \pm 0.13$	6
Haloperidol (1)		ND		$277 \pm 12*$	$1.72 \pm 0.12$	9

 TABLE 1

 EFFECT OF ANTIDEPRESSANT AND ANTIPSYCHOTIC DRUG TREATMENT ON THE  $B_{max}$  AND  $K_d$  VALUES OF ['H]RACLOPRIDE BINDING TO RAT STRIATAL MEMBRANES

Each value is the mean  $\pm$  SE mean;  $B_{\text{max}} = \text{fmol/mg protein}, K_d = \text{nM}, \text{ND} = \text{not determined}.$ 

\*p < 0.05,  $\dagger p < 0.01$ , vs. own control, Student's *t*-test. Control values have been pooled for clarity.

The number of  $D_2$  sites did, however, appear to be higher in membranes prepared from rats receiving repeated halothane and halothane/ECS when compared to those receiving a single treatment. It is possible that this may be related to repeated exposure to halothane anesthesia, but it is more likely to be due to the use of a different batch of radioligand for these experiments.

#### DISCUSSION

The primary aim of the present study was to determine the effects of a range of typical and atypical antidepressant treatments, including ECS, on [<sup>3</sup>H]raclopride binding to dopamine  $D_2$  receptors. Our second aim was, using the novel  $D_2$ ligand, [<sup>3</sup>H]raclopride, to confirm the well-documented increases in  $D_2$  receptor binding following repeated haloperidol treatment. The results showed that this antipsychotic drug increased dopamine  $D_2$  receptor number as predicted from studies using other  $D_2$  receptor ligands. The magnitude of this increase was similar to that previously reported Liskowsky and Potter (19).

With respect to antidepressants, however, our results generally confirm the finding of previous studies (2,14,17,26) that antidepressant treatments do not alter dopamine D<sub>2</sub> receptor binding. Furthermore, the present data also agree with Klimek and Nielsen (14), who showed that bupropion, a dopamine reuptake inhibitor, had no effect on dopamine D<sub>2</sub> receptors. We have also found that GBR 12909, a more potent, selective

dopamine reuptake inhibitor (1), had no significant effects on dopamine D<sub>2</sub> receptor binding. In contrast, we have found that other drugs that are capable of enhancing dopamine function such as the noradrenaline plus dopamine reuptake inhibitor, nomifensine, and the MAO inhibitor, tranylcypromine, significantly decreased the number of ['H]raclopride binding sites. Dopaminergic function determined by measurement of tissue 3-methoxytyramine (3-MT) is markedly enhanced after inhibition of MAO by tranylcypromine (10). Bupropion, on the other hand, has no significant effects on striatal 3-MT levels (10) or dopamine release in vitro (11). Microdialysis studies have shown that bupropion (5) and GBR 12909 (33) only increase extracellular dopamine levels. Several studies have shown nomifensine to have some direct dopamine agonist properties in addition to its well-known ability to inhibit dopamine reuptake and release dopamine from nerve terminals (4,8,27). It is possible, therefore, that the decreased dopamine D<sub>2</sub> receptor binding following repeated administration of nomifensine and tranylcypromine antidepressants is due to their enhanced ability to stimulate D<sub>2</sub> receptors compared with bupropion and GBR 12909. Such an effect is analogous to the increase in binding observed after chronic treatment with the  $D_2$  receptor antagonist, haloperidol [this study, (6,17)].

Although the results presented here are different from those reported in depressed suicide victims (3), it is noteworthy that these authors did not distinguish between different antidepressant drugs in the treated group. The affinity of dopamine  $D_2$  receptors in antidepressant-treated suicide victims

 TABLE 2

 EFFECT OF SINGLE AND REPEATED ECS ON  $B_{max}$  AND  $K_{r}$  OF ['H]RACLOPRIDE

 BINDING TO RAT STRIATAL MEMBRANES

Treatment	Single Treatment			Repeated Treatment		
	B <sub>max</sub>	K <sub>d</sub>	n	B <sub>max</sub>	K <sub>d</sub>	n
Halothane	$204 \pm 11$	$1.35 \pm 0.06$	9	286 ± 6	$1.21 \pm 0.02$	12
ECS	$227 \pm 9$	$1.33 \pm 0.05$	10	294 ± 8	$1.23 \pm 0.04$	12

Each value is the mean  $\pm$  SE mean;  $B_{max} = \text{fmol/mg protein}, K_d = nM$ .

was also higher than in controls, and this may have contributed to the change in receptor number. In addition, it is possible that an interaction between the pathology of the disease and the antidepressant drugs used may have resulted in increased dopamine  $D_2$  receptor number. This possibility has not been addressed by the experiments reported here.

The present data showing that repeated ECS did not alter dopamine  $D_2$  receptor number are not only in agreement with other binding studies (2), but also agree with the results from behavioral studies (30). These authors found that the behavioral response to the selective dopamine  $D_2$  receptor agonist, RU 24213, was not altered following repeated ECS. However, they did find that  $D_1$  receptor-mediated behaviors were enhanced. Biochemical studies, which have determined the effects of repeated ECS on the modulation of adenylate cyclase by  $D_2$  receptor stimulation, have also shown that  $D_2$  receptor function is not altered after repeated ECS (25). These results, therefore, are in accord with our findings, reported here, that  $D_2$  receptor binding is not altered by ECS. In conclusion, therefore, the present data are generally in agreement with previous animal studies carried out using ligands less selective than [<sup>3</sup>H]raclopride for  $D_2$  receptors, and which concluded that antidepressant treatments do not alter  $D_2$  receptors. However, we have found that some drugs, such as nomifensine and tranylcypromine, which cause marked increases in dopaminergic function, lead to a decrease in the density of striatal  $D_2$  sites in the rat brain. This suggests that although induction of changes in dopamine  $D_2$  receptors is not an essential property of antidepressant treatments, alterations in  $D_2$  receptors cannot be precluded from a contribution to the efficacy of drugs with specific, potent effects on dopaminergic neuronal function.

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